

In-Person Monthly Program Schedule

All classes held at 27 Barrow Street, 4th floor, New York, NY 10014

We provide Career Coaching, Employment Assistance, and Certified Computer Training. It's an opportunity to learn something new, expand your resume, connect with others, and most importantly, have a good time. Open to all **registered members** of Lifelong Skills.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	2	3	
		Open Computer Lab w/ Avi 10:00 AM - 12:30 PM	Open Computer Lab w/Avi 9:00 AM – 10:00 AM	Open Computer Lab w/Avi 10:00 AM – 12:30 PM	
		Resume Rescue: Crafting for AI (ATS) Success 10:30 AM - 11:30 AM	Job Seeker Roundtable 1:30 PM-3:00 PM		
6	7	8	9	10	
Open Computer Lab w/ Avi 9:00 AM - 10:00 AM	Open Computer Lab w/ Avi 9:00 AM – 10:00 AM	Open Computer Lab w/ Avi 10:00 AM – 12:30 PM	Open Computer Lab w/Avi 9:00 AM - 10:00 AM	Open Computer Lab w/Avi 10:00 AM - 12:30 PM	
Cooking Class w/ Chef Tavares. New Recipes Weekly 10:30 AM - 12:30 PM	Internet Basics 10:00 AM - 11:30 PM		Using Email (Gmail, Yahoo, Outlook) 10:00 AM - 11:30 AM	Computer Basics 10:00 AM - 11:30 AM	
Microsoft Word 101 Getting Started with Microsoft Word 1:30 PM -3:30 PM	Microsoft Word 2/4 Document Enhancement and Collaboration 1:30 PM -3:30 PM	Microsoft Word 3/4 Professional Document Creation & Formatting 1:30 PM-3:30 PM	Microsoft Word 4/4 Proficiency Assessment in Microsoft Word 1:30 PM -3:30 PM	Catering 101 Training ((English) 10:00 AM – 3:00 PM	
Getting Creative with Al 1:30 PM - 3:00PM			Job Seeker Roundtable 1:30 PM -3:00 PM	Zoom 101 1:30 PM -3:30 PM	
	Feel free to visit our facility for assistance. We offer services like Case Management Services, Employment Coaching, Job Readiness Preparation, and Job Placement. Walk-in registrations are welcome! Whether you want to learn about our programs or need help, stop by anytime.				
	Benefits Screening are available by appointment.				
	Call 917-261-4598 OR Email: workforce@greenwichhouse.org				



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13	14	15	16	17
Open Computer Lab w/ Avi 9:00 AM - 10:00 AM	Open Computer Lab w/ Avi 9:00 AM - 10:00 AM	Open Computer Lab w/ Avi 10:00 AM - 12:30 PM	Open Computer Lab w/Avi 9:00 AM - 10:00 AM	Open Computer Lab w/Avi 10:00 AM – 12:30 PM
Cooking Class w/ Chef Tavares. New Recipes Weekly 10:30 AM - 12: 30 PM	Job Search Safari: Navigating the Wilds of Al & Employment 10:00AM - 11:30 AM	Resume Rescue: Crafting for AI (ATS) Success 10:00 AM- 11:30 AM	Cyber Security 101 10:30 AM - 12:00 PM	Social Media 101 1:30 PM-3:30 PM
Microsoft Excel 1/4 Introduction to Microsoft Excel Basics 1:30 PM-3:30 PM	Microsoft Excel 2/4 Data Manipulation and Analysis 1:30 PM -3:30 PM	Microsoft Excel 3/4 Data Visualization and Collaboration 1:30 PM -3:30 PM	Microsoft Excel 4/4 Proficiency Assessment in Microsoft Excel 1:30 PM -3:30 PM	
20	21	22	23	24
Open Computer Lab w/ Avi 9:00 AM - 10:00 AM	Open Computer Lab w/ Avi 9:00 AM - 10:00 AM	Open Computer Lab w/ Avi 10:00 AM - 12:30 PM	Open Computer Lab w/Avi 9:00 AM - 10:00 AM	Open Computer Lab w/Avi 10:00 AM - 12:30 PM
Cooking Class w/ Chef Tavares. New Recipes Weekly 10:30 AM - 12: 30 PM	Internet Job Searching 1:30 PM -3:00PM	Mock Interviewing: Learning how to Interview with Pizzazz 10:00AM - 11:30 PM	Job Seeker Roundtable 1:30 PM -3:00PM	Catering 101 Training (Spanish) 10:00 AM - 3:00 PM
Microsoft Outlook 1/4 Introduction to Microsoft Outlook Basics 1:30 PM -3:30 PM	Microsoft Outlook 2/4 Email Management and Collaboration 1:30 PM-3:30 PM	Microsoft Outlook 3/4 Outlook Automation and Efficiency 1:30 PM-3:30PM	Microsoft Outlook 4/4 Proficiency Assessment in Microsoft Outlook 1:30 PM-3:30 PM	AI & Chat GPT 1:30 PM-3:30PM Fit & Flavorful Fridays Nutrition for Healthy Aging (60+) 4:00 PM - 5:30 PM
27	28	29	30	<mark>31</mark>
	Open Computer Lab w/ Avi 9:00 AM - 10:00 AM	Open Computer Lab w/ Avi 10:00 AM - 12:30 PM	Open Computer Lab w/Avi 9:00 AM - 10:00 AM	Open Computer Lab w/Avi 10:00 AM – 12:30 PM
LSOC CLOSED Memorial Day	Job Search Safari: Navigating the Wilds of Al & Employment 10:00 AM - 11:30 AM	Resume Rescue: Crafting for AI (ATS) Success 10:00 AM- 11:30 AM	Job Seeker Roundtable 1:30 PM -3:00PM	
	LinkedIn 1/4 LinkedIn Fundamentals for Networking 1:30 PM-3:30 PM	LinkedIn 2/4 LinkedIn Networking and Content Strategy 1:30 PM -3:30 PM	LinkedIn 3/4 LinkedIn for Career Advancement and Personal Branding 1:30 PM -3:30 PM	LinkedIn 4/4 Proficiency Assessment for LinkedIn 1:30 PM-3:30 PM

Greenwich House Older Adult is partially funded by NYC Department of Aging