

September 2025

In-Person Monthly Program Schedule

All classes held at 27 Barrow Street, 4th floor, New York, NY 10014

We provide Career Coaching, Employment Assistance, and Professional Computer Training. It's an opportunity to learn something new, expand your resume, connect with others, and most importantly, have a good time. Open to all **registered members** of Lifelong Skills.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LSOC IS CLOSED	2	3	4	5
LABOR LABOR LSOC IS CLOSED	MS Office for Beginners: Day 1 9:30 AM - 10:30 AM (Computer Lab) MS Office for Mid-Level: Day 1 11:00 AM - 12:00 PM (Computer Lab)	MS Office for Beginners: Day 2 9:30 AM - 10:30 AM (Computer Lab) MS Office for Mid-Level:: Day 2 11:00 AM - 12:00 PM (Computer Lab)	MS Office for Beginners: Day 3 9:30 AM - 10:30 AM (Computer Lab) MS Office for Mid-Level: Day 3 11:00 AM - 12:00 PM (Computer Lab)	Open Computer Lab 9:30 AM - 2:00 PM ALL DAY FOR REGISTERED MEMBERS - PRINTING 8
	Open Comr	 buter Lab Monday - Thursday 1:00 P	M _ 2-00 PM	COPYING IS LIMITED
+	Оратсын	 	VI - 2.00 FIVI	
	MS Office for Advanced: Day 1 2:00 PM - 3:00 PM (Computer Lab)	MS Office for Advanced: Day 2 2:00 PM - 3:00 PM (Computer Lab)	MS Office for Advanced: Day 3 200 PM - 3:00 PM (Computer Lab)	
LSOC IS CLOSED				
	9	10	11	12
Google Workspace, Beginners: Day 1 9:30 AM - 10:30 AM (Computer Lab)	Google Workspace, Beginners: Day 2 9:30 AM - 10:30 AM (Computer Lab)	Google Workspace, Beginners: Day 3 9:30 AM - 10:30 AM (Computer Lab)	Basic Computer Skills 9:30 AM – 10:30 AM (Computer Lab)	Eat Better, Be Better: Eating for Vibrancy & Wellnes 10:30 AM - 11:30 AM (Multipurpose Room)
Google Workspace, Mid-Level: Day 1 11:00 AM - 12:00 PM (Computer Lab)	Google Workspace, Mid-Level: Day 2 11:00 AM - 12:00 PM (Computer Lab)	Google Workspace, Mid-Level: Day 3 11:00 AM - 12:00 PM (Computer Lab)	Hacker Proof (Inside a Live Cyberattack!) 10:45 AM to 11:45 AM (Computer Lab)	Open Computer Lab
		r-Thursday 1:00 PM - 2:30 PM		9:30 AM - 2:00 PM ALL DAY FOR REGISTERED
	MEMBERS - PRINTING &			
Google Workspace, Advanced: Day 1 2:00 PM - 3:00 PM (Computer Lab)	Google Workspace, Advanced: Day 2 2:00 PM - 3:00 PM (Computer Lab)	Google Workspace, Advanced: Day 3 2:00 PM - 3:00 PM (Computer Lab)	Artificial Intelligence & ChatGPT Fundamentals 2:00 PM – 3:00 PM (Computer Lab)	COPYING IS LIMITED
5	16	17	18	19
igital Communication, Beginners: Day 1 9:30 AM - 10:30 AM (Computer Lab)	Digital Communication, Beginners : Day 2 9:30 AM - 10:30 AM (Computer Lab)	Digital Communication, Beginners : Day 3 9:30 AM - 10:30 AM (Computer Lab)	Basic Computer Skills 9:30 AM – 10:30 AM (Computer Lab)	Open Computer Lab 9:30 AM - 2:00 PM ALL DAY
gital Communication Mid-Level: Day 1 11:00 AM - 12:00 PM (Computer Lab)	Digital Communication Mid-Level: Day 2 11:00 AM - 12:00 PM (Computer Lab)	Digital Communication Mid-Level: Day 3 11:00 AM - 12:00 PM (Computer Lab)	Hacker Proof (Inside a Live Cyberattack!) 10:45 AM to 11:45 AM (Computer Lab)	FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED
	Open Computer Lab Monday	7 - Thursday 1:00 PM - 2:00 PM		
gital Communication, Advanced: Day 1 2:00 PM - 3:00 PM (Computer Lab)	Digital Communication, Advanced: Day 2 2:00 PM - 3:00 PM (Computer Lab)	Digital Communication, Advanced: Day 3 2:00 PM - 3:00 PM (Computer Lab)	Artificial Intelligence & ChatGPT Fundamentals 2:00 PM – 3:00PM	



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	23	24	25	26
Basic Computer Skills 9:30 AM to 10:30 AM (Computer Lab)	Basic Computer Skills 9:30 AM to 10:30 AM (Computer Lab)	Basic Computer Skills 9:30 AM to 10:30 AM (Computer Lab)	Basic Computer Skills 9:30 AM to 10:30 AM (Computer Lab)	Eat Better, Be Better: Eating for Vibrancy & Wellness 10:30 AM - 11:30 AM (Multipurpose Room)
Hacker Proof (Inside a Live Cyberattack!) 10:45 AM to 11:45 AM (Computer Lab)	Hacker Proof (Inside a Live Cyberattack!) 10:45 AM to 11:45 AM (Computer Lab)	Hacker Proof (Inside a Live Cyberattack!) 10:45 AM to 11:45 AM (Computer Lab)	Hacker Proof (Inside a Live Cyberattack!) 10:45 AM (Computer Lab)	
				Open Computer Lab 9:30 AM - 2:00 PM
		ALL DAY		
Artificial Intelligence & ChatGPT Fundamentals 2:00 PM to 3:00PM (Computer Lab)	Artificial Intelligence & ChatGPT Fundamentals 2:00 PM to 3:00PM (Computer Lab)	Artificial Intelligence & ChatGPT Fundamentals 2:00 PM to 3:00PM (Computer Lab)	Artificial Intelligence & ChatGPT Fundamentals 2:00 PM to 3:00PM (Computer Lab)	FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED
<mark>.9</mark>	30	1	2	3
Basic Computer Skills 9:30 AM to 10:30 AM (Computer Lab)	Basic Computer Skills 9:30 AM to 10:30 AM (Computer Lab)	Basic Computer Skills 9:30 AM to 10:30 AM (Computer Lab)	Basic Computer Skills 9:30 AM to 10:30 AM (Computer Lab)	LSOC ORIENTATION 9:30AM - 10:30 AM (Multipurpose Room)
How to Use the Internet & Search Engines 10:45 AM to 11:45 PM (Computer Lab)	All About Email (Gmail, Yahoo, Outlook) 10:45PM to 11:45PM (Computer Lab)	How to Use the Internet & Search Engines 10:45 AM to 11:45 PM (Computer Lab)	All About Email (Gmail, Yahoo, Outlook) 10:45PM to 11:45PM (Computer Lab)	
ntro to Entrepreneurship: Day 1 12:00pm - 1:00pm (Multipurpose Room)		Intro to Entrepreneurship: Day 2 12:00pm - 1:00pm (Multipurpose Room)		Intro to Entrepreneurship: Day 3 12:00pm - 1:00pm (Multipurpose Room)
	Open Computer Lab Monday	/-Thursday 1:00 PM - 2:00 PM		Open Computer Lab
How to Use the Internet & Search Engines 2:00 PM to 3:00 PM (Computer Lab)	Artificial Intelligence & ChatGPT Fundamentals 2:00 PM to 3:00PM (Computer Lab)	Artificial Intelligence & ChatGPT Fundamentals 2:00 PM to 3:00PM (Computer Lab)		9:30 AM - 2:00 PM ALL DAY FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED



Feel free to visit our facility for assistance. We offer services like

Case Management Services, Employment Coaching, Job Readiness Preparation, and
Job Placement. Call, Email or drop-in for more information and to sign-up for our
next orientation! Whether you want to learn about our programs or need help, stop
by anytime.

Benefits Screenings are available by appointment.

Call 917-261-4598 OR Email: workforce@greenwichhouse.org