



# October 2025

## In-Person Monthly Program Schedule

**All classes held at 27 Barrow Street, 4th floor, New York, NY 10014**

We provide Career Coaching, Employment Assistance, and Professional Computer Training. It's an opportunity to learn something new, expand your resume, connect with others, and most importantly, have a good time. Open to all **registered members** of Lifelong Skills.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b>  Microsoft Suite - Beginners Level: Day 1 9:30 AM - 10:30 AM (Computer Lab)  Microsoft Suite - Intermediate Level: Day 1 11:00 AM - 12:00 PM (Computer Lab)  Intro to Entrepreneurship: Day 3 12:00pm - 1:00pm (Multipurpose Room)	<b>7</b>  Microsoft Suite - Beginners Level: Day 2 9:30 AM - 10:30 AM (Computer Lab)  Microsoft Suite - Intermediate Level: Day 2 11:00 AM - 12:00 PM (Computer Lab)	<b>8</b>  Microsoft Suite - Beginners Level: Day 3 9:30 AM - 10:30 AM (Computer Lab)  Microsoft Suite - Intermediate Level: Day 3 11:00 AM - 12:00 PM (Computer Lab)  Job Readiness Series: Day 1 11:30 AM - 12:30 PM (Multipurpose Room)  Intro to Entrepreneurship: Day 4 12:00pm - 1:00pm (Multipurpose Room)	<b>9</b>  Job Readiness Series: Day 2 11:30 AM - 12:30 PM (Multipurpose Room)	<b>10</b>  Open Computer Lab with Assistance <b>9:30 AM - 2:00 PM</b> <b>FOR REGISTERED MEMBERS - PRINTING &amp; COPYING IS LIMITED</b>  Job Readiness Series: Day 3 11:30 AM - 12:30 PM (Multipurpose Room)  Intro to Entrepreneurship: Day 5 <b>12:00pm - 1:00pm</b> (Multipurpose Room)
Open Computer Lab   Monday - Thursday   <b>1:00 PM - 2:00 PM</b>				
Microsoft Suite - Advanced Level: Day 1 2:00 PM - 3:00 PM (Computer Lab)	Microsoft Suite - Advanced Level: Day 2 2:00 PM - 3:00 PM (Computer Lab)	Microsoft Suite - Advanced Level: Day 3 2:00 PM - 3:00 PM (Computer Lab)	Computer Usage for Beginners <b>2:00 PM to 3:00 PM</b> (Computer Lab)	
<b>13</b> ★ ★ ★ ★ ★ <b>LSOC IS CLOSED</b>   <b>HAPPY COLUMBUS DAY</b>     <b>LSOC IS CLOSED</b>	<b>14</b>  Google Workspace, Beginners Level: Day 1 9:30 AM - 10:30 AM (Computer Lab)  Google Workspace, Intermediate Level: Day 1 11:00 AM - 12:00 PM (Computer Lab)	<b>15</b>  Google Workspace, Beginners Level: Day 2 9:30 AM - 10:30 AM (Computer Lab)  Google Workspace, Intermediate Level: Day 2 11:00 AM - 12:00 PM (Computer Lab)  Intro to Entrepreneurship: Day 6 12:00pm - 1:00pm (Multipurpose Room)	<b>16</b>  Google Workspace, Beginners Level: Day 2 9:30 AM - 10:30 AM (Computer Lab)  Google Workspace, Intermediate Level: Day 3 11:00 AM - 12:00 PM (Computer Lab)  Computer Usage for Beginners <b>12:00 PM to 1:00 PM</b> (Computer Lab)	<b>17</b>  Open Computer Lab with Assistance <b>9:30 AM - 2:00 PM</b> <b>FOR REGISTERED MEMBERS - PRINTING &amp; COPYING IS LIMITED</b>  Intro to Public Speaking: Improv 11:30 AM - 12:30 PM (Multipurpose Room)  Intro to Entrepreneurship: Day 7 <b>12:00pm - 1:00pm</b> (Multipurpose Room)
Open Computer Lab   Monday - Thursday   <b>1:00 PM - 2:30 PM</b>				
	Google Workspace, Advanced Level: Day 1 2:00 PM - 3:00 PM (Computer Lab)	Google Workspace, Advanced Level: Day 2 2:00 PM - 3:00 PM (Computer Lab)	Google Workspace, Advanced Level: Day 3 2:00 PM - 3:00 PM (Computer Lab)	
<b>20</b>  Digital Communication, Beginners Level: Day 1 9:30 AM - 10:30 AM (Computer Lab)  Digital Communication Intermediate Level: Day 1 11:00 AM - 12:00 PM (Computer Lab)  Job Readiness Series: Day 2 11:30 AM - 12:30 PM (Multipurpose Room)  Intro to Entrepreneurship: Day 8 <b>12:00pm - 1:00pm</b> (Multipurpose Room)	<b>21</b>  Digital Communication, Beginners Level: Day 2 9:30 AM - 10:30 AM (Computer Lab)  Digital Communication Intermediate Level: Day 2 11:00 AM - 12:00 PM (Computer Lab)  Job Readiness Series: Day 3 11:30 AM - 12:30 PM (Multipurpose Room)	<b>22</b>  Digital Communication, Beginners Level: Day 3 9:30 AM - 10:30 AM (Computer Lab)  Digital Communication Intermediate Level: Day 3 11:00 AM - 12:00 PM (Computer Lab)  Job Readiness Series: Day 1 11:30 AM - 12:30 PM (Multipurpose Room)  Intro to Entrepreneurship: Day 9 <b>12:00pm - 1:00pm</b> (Multipurpose Room)	<b>23</b>  Computer Usage for Beginners <b>12:00 PM to 1:00 PM</b> (Computer Lab)	<b>24</b>  Open Computer Lab <b>9:30 AM - 2:00 PM</b> <b>ALL DAY</b> <b>FOR REGISTERED MEMBERS - PRINTING &amp; COPYING IS LIMITED</b>  Intro to Entrepreneurship: Day 10 <b>12:00pm - 1:00pm</b> (Multipurpose Room)
Open Computer Lab   Monday - Thursday   <b>1:00 PM - 2:00 PM</b>				
Digital Communication, Advanced Level: Day 1 2:00 PM - 3:00 PM (Computer Lab)	Digital Communication, Advanced Level: Day 2 2:00 PM - 3:00 PM (Computer Lab)	Digital Communication, Advanced Level: Day 3 2:00 PM - 3:00 PM (Computer Lab)		



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>27</b> Computer Usage for Beginners 9:30 AM to 10:30 AM (Computer Lab)  Hacker Proof (Inside a Live Cyberattack!) 10:45 AM to 11:45 AM (Computer Lab)  Job Readiness Series: Day 1 11:30 AM - 12:30 PM (Multipurpose Room)  Intro to Entrepreneurship: Day 11 12:00pm - 1:00pm (Multipurpose Room)	<b>28</b> Computer Usage for Beginners 9:30 AM to 10:30 AM (Computer Lab)  Job Readiness Series: Day 2 11:30 AM - 12:30 PM (Multipurpose Room)	<b>29</b> Computer Usage for Beginners 9:30 AM to 10:30 AM (Computer Lab)  Hacker Proof (Inside a Live Cyberattack!) 10:45 AM to 11:45 AM (Computer Lab)  Job Readiness Series: Day 3 11:30 AM - 12:30 PM (Multipurpose Room)  Intro to Entrepreneurship: Day 12 12:00pm - 1:00pm (Multipurpose Room)	<b>30</b>   Own the Screen: Virtual Communication for Careers & Business 10:30 AM - 11:30 PM (Computer Lab)	<b>31</b> Open Computer Lab 9:30 AM - 2:00 PM <b>ALL DAY</b> <b>FOR REGISTERED</b> <b>MEMBERS - PRINTING &amp;</b> <b>COPYING IS LIMITED</b>  Intro to Entrepreneurship: Day 13 12:00pm - 1:00pm (Multipurpose Room)  Intro to Public Speaking: Improv 11:30 AM - 12:30 PM (Multipurpose Room)
Open Computer Lab   Monday - Thursday   1:00 PM - 2:00 PM				
	Thriving Together: Essential and Empowering Resources for Older Adults 2:00 PM to 3:00 PM (Multipurpose Room)	Artificial Intelligence & ChatGPT Fundamentals 2:00 PM to 3:00 PM (Computer Lab)	Job Board Hacks: Boost Your Profile & Get More Interviews 2:00 PM - 3:30 PM (Computer Lab)	



**LIFELONG  
SKILLS AND  
OPPORTUNITY  
CENTER**

**Feel free to visit our facility for assistance. We offer services like Case Management Services, Employment Coaching, Job Readiness Preparation, and Job Placement. Call, Email or drop-in for more information and to sign-up for our next orientation! Whether you want to learn about our programs or need help, stop by anytime.**

**Benefits Screenings are available by appointment.**

**Call 917-261-4598 OR Email:  
workforce@greenwichhouse.org**

