



January 2026

In-Person Monthly Program Schedule

All classes held at 27 Barrow Street, 4th floor, New York, NY 10014

We provide Career Coaching, Employment Assistance, and Professional Computer Training. It's an opportunity to learn something new, expand your resume, connect with others, and most importantly, have a good time. Open to all **registered members** of Lifelong Skills.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Computer Usage for Beginners 9:30 AM to 10:30 AM (Computer Lab) Your Computer, Your Way! Customizing Windows 11 for You 11:00 AM to 12:00 PM (Computer Lab) Beginner-Friendly Job Readiness Series: Day 1 10:45 AM - 11:45 AM (Multipurpose Room)	30 LSOC ORIENTATION 9:30AM - 10:30 AM Computer Usage for Beginners 9:30 AM to 10:30 AM (Computer Lab) Click Less, Do More: Mastering Windows 11 Keyboard Shortcuts 11:00 AM to 12:00 PM (Computer Lab) Beginner-Friendly Job Readiness Series: Day 2 10:45 AM - 11:45 AM (Multipurpose Room)	31 Computer Usage for Beginners 9:30 AM to 10:30 AM (Computer Lab) Hacker Proof (Inside a Live Cyberattack!) 11:00 AM to 12:00 PM (Computer Lab) Computer Usage for Beginners 12:00 PM to 1:00 PM (Computer Lab) Job Readiness Series: Day 3 10:45 AM - 11:45 AM (Multipurpose Room)	1 LSOC IS CLOSED  LSOC IS CLOSED	2 LSOC ORIENTATION 9:30AM - 10:30 AM Open Computer Lab with Assistance 9:30 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED
Open Computer Lab Monday - Thursday 1:00 PM - 2:00 PM				
Computer Usage for Beginners 2:00 PM to 3:00 PM (Computer Lab)	Computer Usage for Beginners 2:00 PM to 3:00 PM (Computer Lab)			
5 Soft Skills Series: Part 1 9:15 AM - 10:15 AM (Multipurpose Room) Open Computer Lab with Assistance 9:30 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED	6 LSOC ORIENTATION 9:30AM - 10:30 AM Soft Skills Series: Part 2 9:15 AM - 10:15 AM (Multipurpose Room) Open Computer Lab with Assistance 9:30 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED	7 Open Computer Lab with Assistance 9:30 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED	8 Open Computer Lab with Assistance 9:30 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED	9 LSOC ORIENTATION 9:30AM - 10:30 AM Intro to Public Speaking: Improv 11:30 AM - 12:30 PM (Multipurpose Room) Open Computer Lab with Assistance 9:30 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED
Open Computer Lab Monday - Friday 9:30PM - 2:00 PM - THIS WEEK ONLY				
12 Microsoft Suite - Beginners Level: Day 1 9:15 AM - 10:15 AM (Computer Lab) Microsoft Suite - Interm. Level: Day 1 10:30 AM - 11:30 AM (Computer Lab) Microsoft Suite - Advanced Level: Day 1 11:45 AM - 12:45 PM (Computer Lab) Job Readiness Series: Day 1 9:15 AM - 10:15 AM (Multipurpose Room)	13 LSOC ORIENTATION 9:30AM - 10:30 AM Microsoft Suite - Beginners Level: Day 2 9:15 AM - 10:15 AM (Computer Lab) Microsoft Suite - Interm. Level: Day 2 10:30 AM - 11:30 AM (Computer Lab) Microsoft Suite - Advanced Level: Day 2 11:45 AM - 12:45 PM (Computer Lab) Job Readiness Series: Day 2 9:15 AM - 10:15 AM (Multipurpose Room)	14 Microsoft Suite - Beginners Level: Day 3 9:15 AM - 10:15 AM (Computer Lab) Microsoft Suite - Interm. Level: Day 3 10:30 AM - 11:30 AM (Computer Lab) Microsoft Suite - Advanced Level: Day 3 11:45 AM - 12:45 PM (Computer Lab) Job Readiness Series: Day 3 9:15 AM - 10:15 AM (Multipurpose Room)	15 Computer Usage for Beginners 9:15 AM to 10:15 AM (Computer Lab) Hacker Proof (Inside a Live Cyberattack!) 10:30 AM to 11:30 AM (Computer Lab)	16 LSOC ORIENTATION 9:30AM - 10:30 AM Computer Usage for Beginners 9:15 AM to 10:15 AM (Computer Lab) Open Computer Lab with Assistance 9:30 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED
Open Computer Lab Monday - Thursday 1:00 PM - 2:00 PM				
Computer Usage for Beginners 2:00 PM to 3:00 PM (Computer Lab)	Thriving Together: Essential and Empowering Resources for Older Adults 2:00 PM to 3:00 PM (Multipurpose Room)	Computer Usage for Beginners 2:00 PM to 3:00 PM (Computer Lab)		




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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
19	LSOC IS CLOSED	20	LSOC ORIENTATION 9:30AM - 10:30 AM	21		22		23	LSOC ORIENTATION 9:30AM - 10:30 AM
		Google Workspace, Beginners Level: Day 1 9:15 AM - 10:15 AM (Computer Lab)		Google Workspace, Beginners Level: Day 2 9:15 AM - 10:15 AM (Computer Lab)		Google Workspace, Beginners Level: Day 3 9:15 AM - 10:15 AM (Computer Lab)		Computer Usage for Beginners 9:15 AM to 10:15 AM (Computer Lab)	
		Google Workspace, Intermed Level: Day 1 10:30 AM - 11:30 AM (Computer Lab)		Google Workspace, Intermed Level: Day 2 10:30 AM - 11:30 AM (Computer Lab)		Google Workspace, Intermed Level: Day 3 10:30 AM - 11:30 AM (Computer Lab)		Intro to Public Speaking: Improv 11:30 AM - 12:30 PM (Multipurpose Room)	
		Google Workspace, Adv. Level: Day 1 11:45AM - 12:45 (Computer Lab)		Google Workspace, Adv. Level: Day 2 11:45 AM - 12:45 PM (Computer Lab)		Google Workspace, Adv. Level: Day 3 11:45AM - 12:45 PM (Computer Lab)		Open Computer Lab with Assistance 11:00 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED	
		Soft Skills Series: Part 1 9:15 AM - 10:30 AM (Multipurpose Room)		Soft Skills Series: Part 2 9:15 AM - 10:30 AM (Multipurpose Room)					
Open Computer Lab Monday - Thursday 1:00 PM - 2:00 PM									
LSOC IS CLOSED		Computer Usage for Beginners 2:00 PM to 3:00 PM (Computer Lab)		Computer Usage for Beginners 2:00 PM to 3:00 PM (Computer Lab)					
26		27	LSOC ORIENTATION 9:30AM - 10:30 AM	28		29		30	LSOC ORIENTATION 9:30AM - 10:30 AM
Digital Communication, Beginners Level: Day 1 9:15 AM - 10:15 AM (Computer Lab)		Digital Communication, Beginners Level: Day 2 9:15 AM - 10:15 AM (Computer Lab)		Digital Communication, Beginners Level: Day 3 9:15 AM - 10:15 AM (Computer Lab)		Computer Usage for Beginners 9:15 AM to 10:15 AM (Computer Lab)		Computer Usage for Beginners 9:15 AM to 10:15 AM (Computer Lab)	
Digital Communication Intermed. Level: Day 1 10:03 AM - 11:30 AM (Computer Lab)		Digital Communication Intermed. Level: Day 2 10:30 AM - 11:30: AM (Computer Lab)		Digital Communication Intermed. Level: Day 3 10:30 AM - 11:30 AM (Computer Lab)		Hacker Proof (Inside a Live Cyberattack!) 10:30 AM to 11:30 AM (Computer Lab)		Open Computer Lab with Assistance 11:00 AM - 2:00 PM FOR REGISTERED MEMBERS - PRINTING & COPYING IS LIMITED	
Digital Communication, Adv. Level: Day 1 11:45 AM - 12:45 PM (Computer Lab)		Digital Communication, Advanced Level: Day 3 11:45 AM - 12:45 PM (Computer Lab)		Digital Communication, Adv. Level: Day 2 11:45 AM - 12:45 PM (Computer Lab)					
Job Readiness Series: Day 1 9:15 AM - 10:15 AM (Multipurpose Room)		Job Readiness Series: Day 2 9:15 AM - 10:15 AM (Multipurpose Room)		Job Readiness Series: Day 3 9:15 AM - 10:15 AM (Multipurpose Room)					
Open Computer Lab Monday - Thursday 1:00 PM - 2:00 PM									
Computer Usage for Beginners 2:00 PM to 3:00 PM (Computer Lab)		Thriving Together: Essential and Empowering Resources for Older Adults 2:00 PM to 3:00 PM (Multipurpose Room)		Computer Usage for Beginners 2:00 PM to 3:00 PM (Computer Lab)					



Feel free to visit our facility for assistance. We offer services like **Case Management Services, Employment Coaching, Job Readiness Preparation, and Job Placement.** Call, Email or drop-in for more information and to sign-up for our next orientation! Whether you want to learn about our programs or need help, **stop by anytime.**

Benefits Screenings are available by appointment.

Call 917-261-4598 OR Email: workforce@greenwichhouse.org